

Coaching & Speaking

Investment Guide

Soft. Strong. Forward. A clear look at how we work together, what it costs, and what to expect at every step.

Coaching Packages

Clarity Call

Single session · 60 minutes · Virtual

\$250

— One focused strategy session

— Actionable next steps

— Session recording included

MOST POPULAR

Signature Program

3 months · 6 sessions · Virtual

\$2,800

— Bi-weekly 1:1 coaching sessions

— Personalized growth roadmap

— Email support between sessions

— Resource & tool library access

VIP Intensive

6 months · 12 sessions · Virtual/Hybrid

\$5,200

— Weekly 1:1 coaching sessions

— Priority scheduling & access

— Quarterly progress review

— Unlimited email support

Speaking

Keynote

A signature talk for conferences, corporate events, or leadership summits. Up to 60 minutes, including Q&A. Delivered in English or French.

\$4,300

Additional formats (workshops, full-day engagements) coming soon. Travel and accommodations not included; quoted separately based on location.

Frequently Asked Questions

Q. Who is coaching for?

Women navigating major transitions in career, identity, or personal life who want structured support and a clear path forward.

Q. Is this therapy?

No. Coaching is not a substitute for therapy or mental health treatment. Sessions are grounded in real, lived experience, not clinical practice, and focus on forward movement, strategy, and accountability.

Q. Why does coaching cost this much?

This work isn't just advice. It's structured support that helps you rebuild faster and with less trial and error than doing it alone. The investment reflects that guidance, not just the time in session. Payment plans are available if that makes it easier to say yes.

Q. Do you offer payment plans?

Yes. The Signature Program and VIP Intensive can be split into monthly installments at no additional cost. Ask about this when booking.

Q. How do sessions work?

All coaching sessions are held virtually via video call. Each session is 45–60 minutes, scheduled at a cadence that fits your package.

Q. What's your cancellation policy?

Sessions can be rescheduled with 24 hours' notice. Packages are non-refundable once started but may be paused for up to 30 days for extenuating circumstances.

Q. How do I book a speaking engagement?

Reach out with your event date, audience size, and goals. A custom proposal is sent within 3 business days of inquiry.

Q. What language is the keynote delivered in?

Available in English or French. Let us know your preference when booking.

Q. Where are you based, and do you travel?

Based in Atlanta, GA. Available for virtual coaching worldwide and in-person speaking engagements nationally.